

How to taste in four steps

1

Look

Hold the glass over a white sheet. How deep is the colour, how clear?

2

Smell

Swirl, then sniff twice. Fruit, flowers, spice, wood? Name one thing.

3

Taste

A small sip, round the mouth. Sweet or dry, fresh or soft, light or full?

4

Decide

Fill the score rings and write one word. Then spit, and drink some water.

THE FIVE SCORE RINGS

☒	☐	☐	☐	☐	Not for me
☒	☒	☐	☐	☐	It's fine
☒	☒	☒	☐	☐	Good
☒	☒	☒	☒	☐	Really good
☒	☒	☒	☒	☒	I'd buy a bottle

SIX WORDS TO START WITH

Fruity

You find fruit first: berries, citrus, apple.

Dry

No sweetness at all. Most wines are dry.

Light

Feels more like water than milk.

Fresh

Your mouth waters, as with lemon.

Smooth

Soft on the gums, no grip.

Warm

A gentle heat at the back of the throat.

There are no wrong answers. Taste, spit, and keep water on the table.

