HOW TO TASTE

How to taste in four steps

1

Look

Hold the glass over a white sheet. How deep is the colour, how clear?

2

Smell

Swirl, then sniff twice. Fruit, flowers, spice, wood? Name one thing.

3

Taste

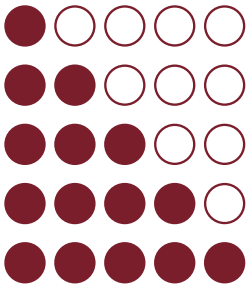
A small sip, round the mouth. Sweet or dry, fresh or soft, light or full?

4

Decide

Fill the score rings and write one word. Then spit, and drink some water.

THE FIVE SCORE RINGS



Not for me

It's fine

Good

Really good

I'd buy a bottle

SIX WORDS TO START WITH

Fruity
You find fruit first: berries, citrus, apple.

Fresh
Your mouth waters, as with lemon.

Dry
No sweetness at all. Most wines are dry.

Smooth
Soft on the gums, no grip.

Light
Feels more like water than milk.

Warm
A gentle heat at the back of the throat.

There are no wrong answers. Taste, spit, and keep water on the table.